

Health o meter[®]
P r o f e s s i o n a l

Model 499KL
Waist High Digital Beam Scale



User Instructions

Thank you for your purchase of this Health o meter® Professional product. Please read this manual carefully, and keep it for easy reference or training.

TABLE OF CONTENTS

Caution and Warning.....	3
Specifications for This Scale	5
Certifications / Connectivity / Disposal	6
Assembly Instructions 499KL Scale	7
Setup / Batteries.....	13
Quick Start / Operating Instructions.....	15
499KLROD Height Measurement Instructions	19
Calibration	22
Troubleshooting	23
Maintenance.....	24
Warranty.....	25

Note: This scale has been factory calibrated, and does not require calibration prior to use.

Please register your scale for warranty coverage at:

<http://www.homscales.com/customer/registration.aspx>

For User Instructions updates and revisions please go to:

<http://www.homscales.com>

CAUTION AND WARNING

When operating this scale:

- To prevent injury and damage to your scale, please follow these instructions very carefully.
- To prevent injury, as well as scale damage during assembly, exercise caution when assembling the scale column.
- Assemble and operate the scale per the enclosed user instructions.
- For accurate weighing, this scale must be placed on a flat, stable surface.
- For accurate weighing, verify before each use the proper operation according to the procedure described in this manual.
- Operating this scale at voltages and frequencies other than specified can damage the equipment and will void the warranty.
- Do not transport the scale with any weight on the platform.
- Do not exceed recommended weight limit of 500 lb / 220 kg for this scale.
- Do not use in the presence of flammable or explosive materials.
- For accurate weighing, if the “Lo bAtt” indicator activates, replace the batteries or switch to the optional AC adapter as soon as possible.
- If the scale becomes damaged, it should not be operated until properly serviced. All repairs should only be performed by authorized Health o meter® Professional service personnel.
- When replacing / inserting batteries, be sure to use all new batteries.
- To prevent patient injury, the patient must be attended throughout the entire weighing event.

CAUTION AND WARNING

When operating this scale with the optional AC adapter:

- Operate this scale exclusively with the AC adapter provided by Health o meter. Use of an unspecified adapter will void the warranty, and can pose a serious safety hazard.
- For use with AC adapter model ADPT30 (International, plug kit) or ADPT31 (Domestic, USA).
- Prior to using this scale, inspect the AC adapter cord for cracking / fraying, or for broken / bent plug prongs.
- Prior to using this scale, ensure that the AC adapter is plugged into an outlet with the rated voltage appropriate for operation.
- Ensure that the AC adapter outlet is wired to a circuit breaker or other protected power source.
- Ensure that the AC adapter and scale do not come in contact with liquids, excessive temperature, or excessive humidity.
- Unplug the AC adapter, and carefully store both the adapter and adapter cord before moving the scale.
- If the scale is being connected to another medical device, the power adapter must not be used. Disconnect the power adapter from the scale and use only the battery power.

SPECIFICATIONS FOR THIS SCALE

General

The Model 499KL waist high digital beam scale uses highly sophisticated microprocessor technology. Each precision scale is designed to provide accurate, reliable and repeatable weight measurements. In addition, each scale is designed to provide the user with features that make the weighing process simple, fast, and convenient.

This scale is set up to use motion-sensing weighing technology in order to determine the actual weight of a moving patient.



Weight can be displayed in pounds (lb) or in kilograms (kg). **This scale can be powered using an AC adaptor (not included), or by 6 - AA batteries (included).**

499KL Scale Specifications

Capacity and Resolution	500 lb x 0.2 lb (220 kg x 0.1 kg)	
Power Requirements	120 - 240AC, 50 - 60Hz - 9V DC adaptor or 6 - AA batteries	
Environmental	Operating temperatures: 50°F to 125°F (10°C to 50°C) Storage temperatures: 32°F to 122°F (0°C to 50°C) Maximum Humidity: 95% RH	
Physical Dimensions	Scale (Overall Dimensions) Width: 12-¾" (32.4 cm) Depth: 20-½" (52.1 cm) Height: 4-½" (110.5 cm)	Platform (Standing Area) Width: 12-¾" (32.4 cm) Depth: 15-½" (39.4 cm) Height: 2-¼" (5.7 cm) Weight: 11.9 lb (5.42 kg)

CERTIFICATIONS / CONNECTIVITY / DISPOSAL

Certification Descriptions

	Pelstar, LLC has been officially certified as the manufacturer of Health o meter® Professional medical devices. The Pelstar, LLC quality assurance system covers the development, production, sales and service of medical scales and measuring systems.
	This product is tested to and meets the requirements of: 1. UL60601-1 First Edition: Safety for Medical Electrical Equipment 2. CSA C22.2 No. 601-1 M90: Medical Electrical Equipment

499KL Scale Connectivity Information

To enable reliable transmission of weight, height, and Body Mass Index (BMI) data, this scale is designed to connect to a computer, monitor, or other electronic device via a built-in USB port. This connectivity helps minimize a source of potential medical errors caused by incorrectly copying and then recording patient data.

This scale is EMR-EHR compatible. For more information regarding how to connect this scale to other electronic devices, please contact Health o meter® Professional Scales Technical Support, available during normal business hours at 1-800-683-3722.

499KL Scale Disposal



This Health o meter® Professional scale must be disposed of properly as electronic waste. Follow the national, regional or local regulations which apply to you for disposal of electronic waste or batteries. Do not dispose of this device in the domestic waste stream.

499KL ASSEMBLY INSTRUCTIONS

Before Assembly

Each 499KL waist high digital beam scale is shipped disassembled in one carton. Carefully inspect the carton for shipping damage before unpacking. If damage is found, contact your shipper or a Health o meter® Professional representative immediately at 1-800-815-6615. Claims must be filed with the shipper as soon as possible after receipt of the package. The following information details what you will find inside the main carton as you unpack the parts for assembly.

To prevent scratching any components, carefully remove each assembly from the carton and unwrap the packing materials. Set the carton aside for storage. To avoid damaging the scale parts when unpacking, do not use a box cutter, knife, scissors, or any sharp object to open the protective inner packaging.

Parts List

Carton

- (1) Scale platform
- (1) Upper column (w / display assembly)
- (1) Lower column
- (6) AA batteries
- (1) User instructions

Tools Required

Phillips head screwdriver (not included)

499KL ASSEMBLY INSTRUCTIONS (CONTINUED)

Assembling the 499KL Scale (Refer to Figures 1 - 8)

Caution: It is recommended that the assembly be performed by two persons.

1. Carefully remove the scale platform and columns **A** and **B** from the carton. Place the scale platform and columns on a flat, level, and dry surface (see Figure 1).
2. Remove the 4 small screws and washers from the bottom of column **B** (see Figures 1 & 2).
3. Locate cable connector inside column **A** (see Figures 1 & 3).
4. While holding column **A**, slide the cable connector through the top of column **B**. The top of column **B** has a notch (see Figures 1 & 5).
5. Plug the cable connector into the RJ jack, located on the scale platform **C** (see Figures 1 & 4).

Note: Ensure that the cable connector is correctly plugged into the RJ jack.

6. Align column **A** and column **B**, and ensure that the locking tabs are locked securely into place (see Figures 1 & 5).
7. Position and secure the connected columns **A** and **B** to the scale platform **C**.
8. Insert the 4 small screws through the bottom of the scale platform **C** holes and into column **B**. Ensure that washers are located between the screw heads and the scale platform holes (see Figures 1, 6, & 7).
9. Using a Phillips head screwdriver, tighten the screws to secure column **B** to the base of the scale platform **C** (see Figure 1, 6, & 7).

Note: Ensure that the screws are fully tightened to prevent damage to the scale.

10. The scale is now assembled and ready for use (see Figure 8).

499KL ASSEMBLY INSTRUCTIONS (CONTINUED)

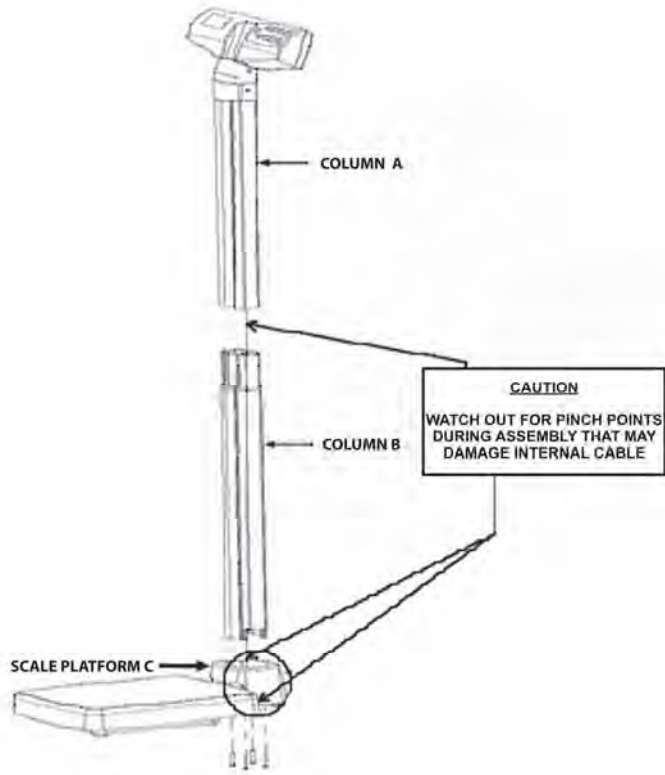


Figure 1

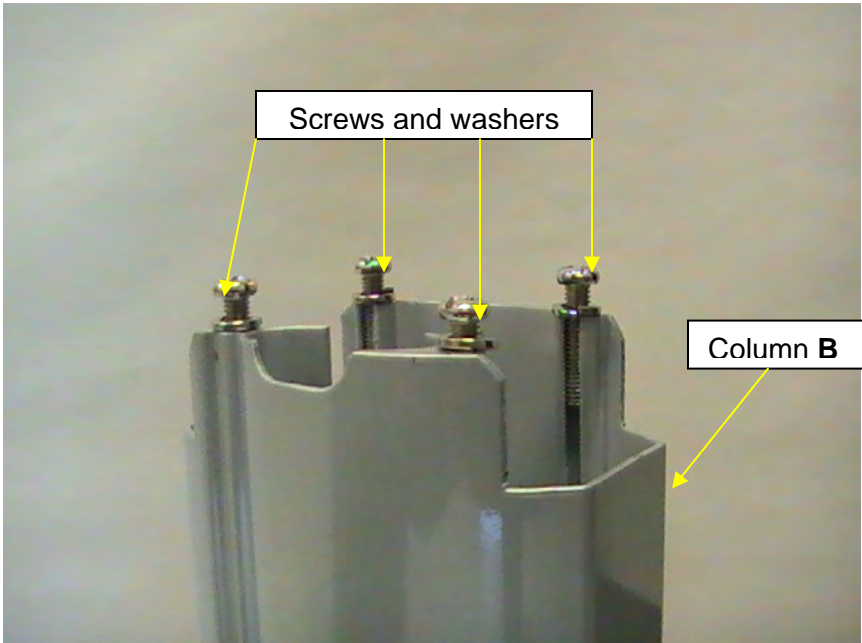


Figure 2

499KL ASSEMBLY INSTRUCTIONS (CONTINUED)

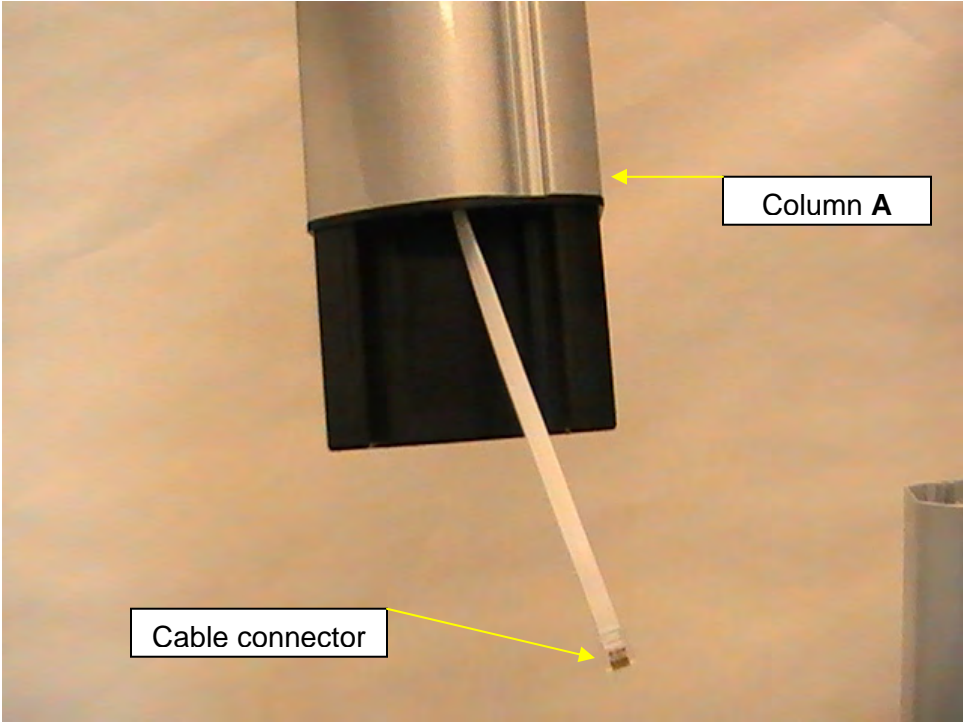


Figure 3

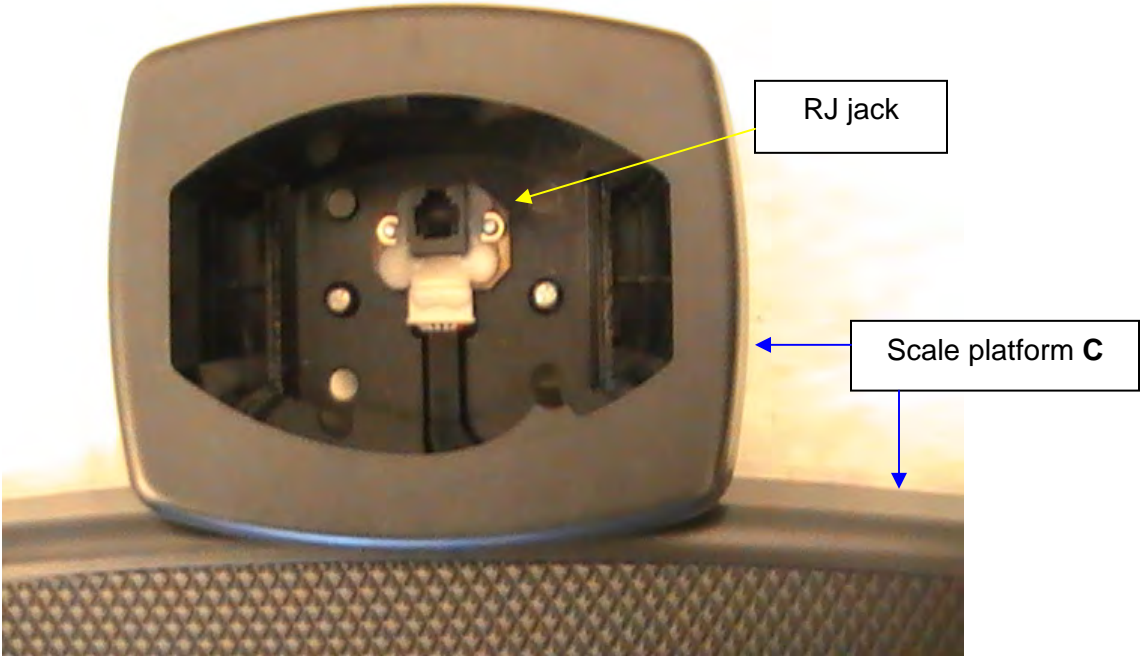


Figure 4

499KL ASSEMBLY INSTRUCTIONS (CONTINUED)

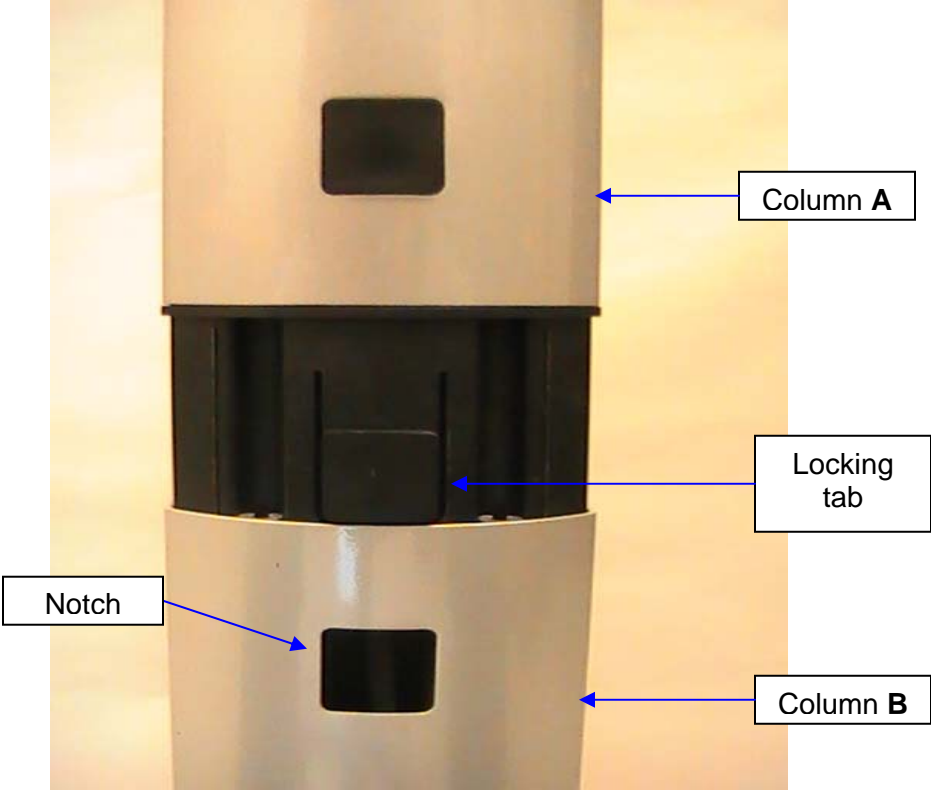


Figure 5

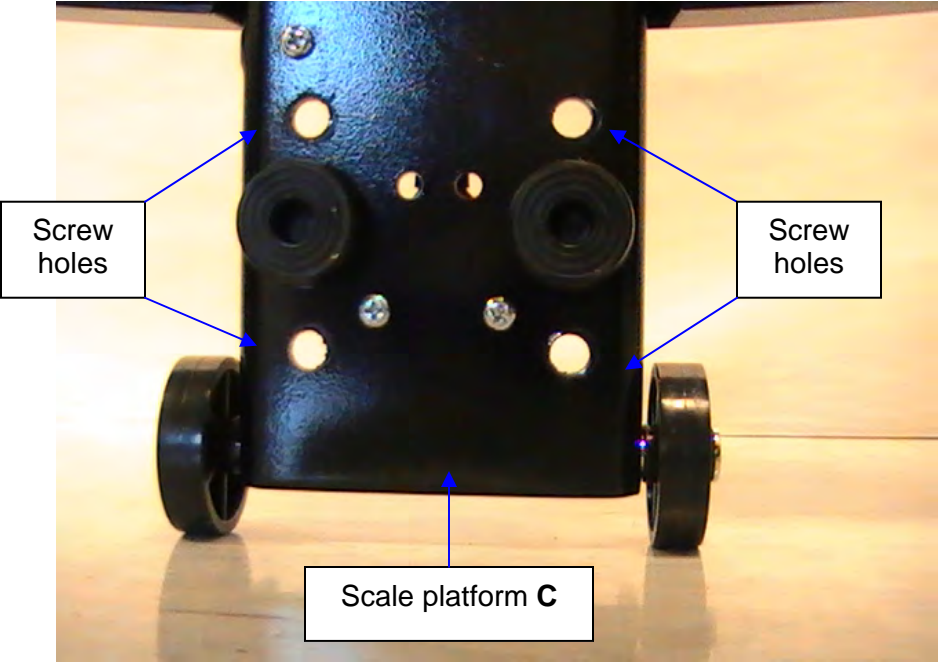


Figure 6

499KL ASSEMBLY INSTRUCTIONS (CONTINUED)

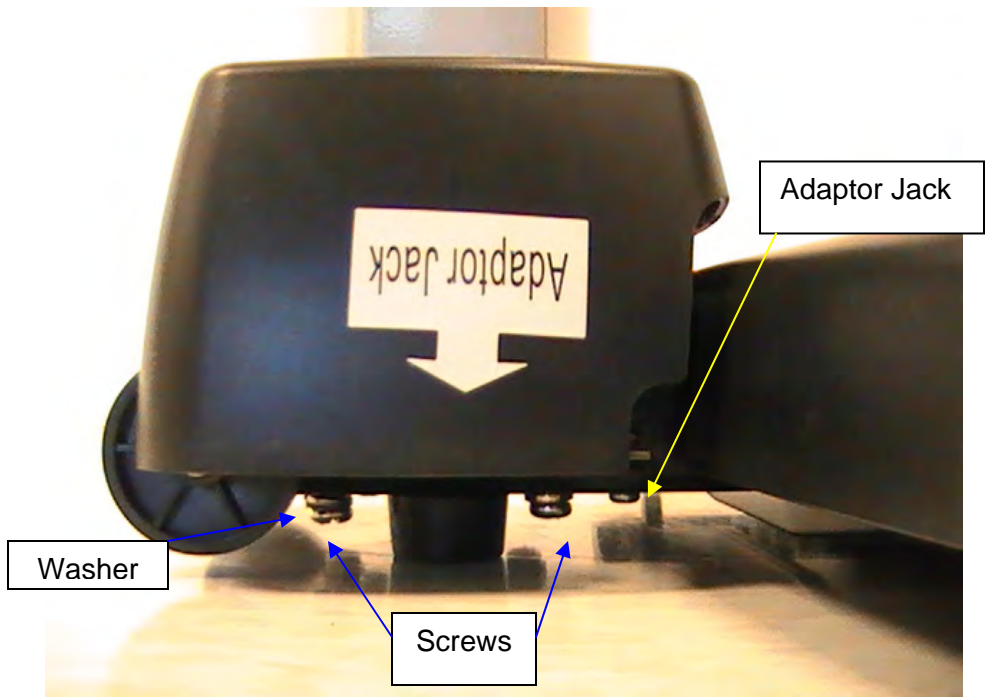


Figure 7



Figure 8

SETUP / BATTERIES

Preparing the 499KL Scale for Use

Replacing / Inserting Batteries

1. Remove the protective plastic film covering the display (the film says “FACTORY CALIBRATED”).
2. Unplug the optional AC adapter, if connected to a power source.
3. With a Phillips head screwdriver remove the screw from the battery compartment cover and remove the battery cover on the back of the display assembly by pressing the locking tab (see Figure 9).
4. Replace or install the batteries with new units. Health o meter recommends using an alkaline or lithium battery, rated for 130°F (54°C) operation. Do not use zinc-carbon batteries.
5. Re-attach the battery cover to the display assembly.
6. Ensure all objects are removed from the scale’s assembly, and then press the **ON/OFF** button to turn the scale on. The display will show “Start”, then “0.0” LB or “0.0” KG. Press the **LB/KG** button to select the weight mode (LB or KG).

Note: This scale will always default to the settings and units last used (LB or KG).

Note: If the set up procedure failed, refer to the troubleshooting instructions. If the problem is not corrected, refer to qualified service personnel.

Warning: If the scale will not be used for some time, remove the batteries to avoid a safety hazard. Disposal of batteries must be performed in accordance with the prevailing national, regional or local regulations which apply to you.

Optional AC Adapter

1. Connect the AC adapter (not included) into the adaptor jack on the scale platform **C** (see Figure 7).

Warning: To avoid a safety hazard, use AC adapter model ADPT30 (International, plug kit) or ADPT 31 (Domestic, USA).

2. Plug the scale’s AC adapter into the power source.
3. When the AC adapter is disconnected from the scale, the scale will switch to battery power if batteries are installed.

Note: If the set up procedure failed, refer to the troubleshooting instructions. If the problem is not corrected, refer to qualified service personnel.

SETUP / BATTERIES

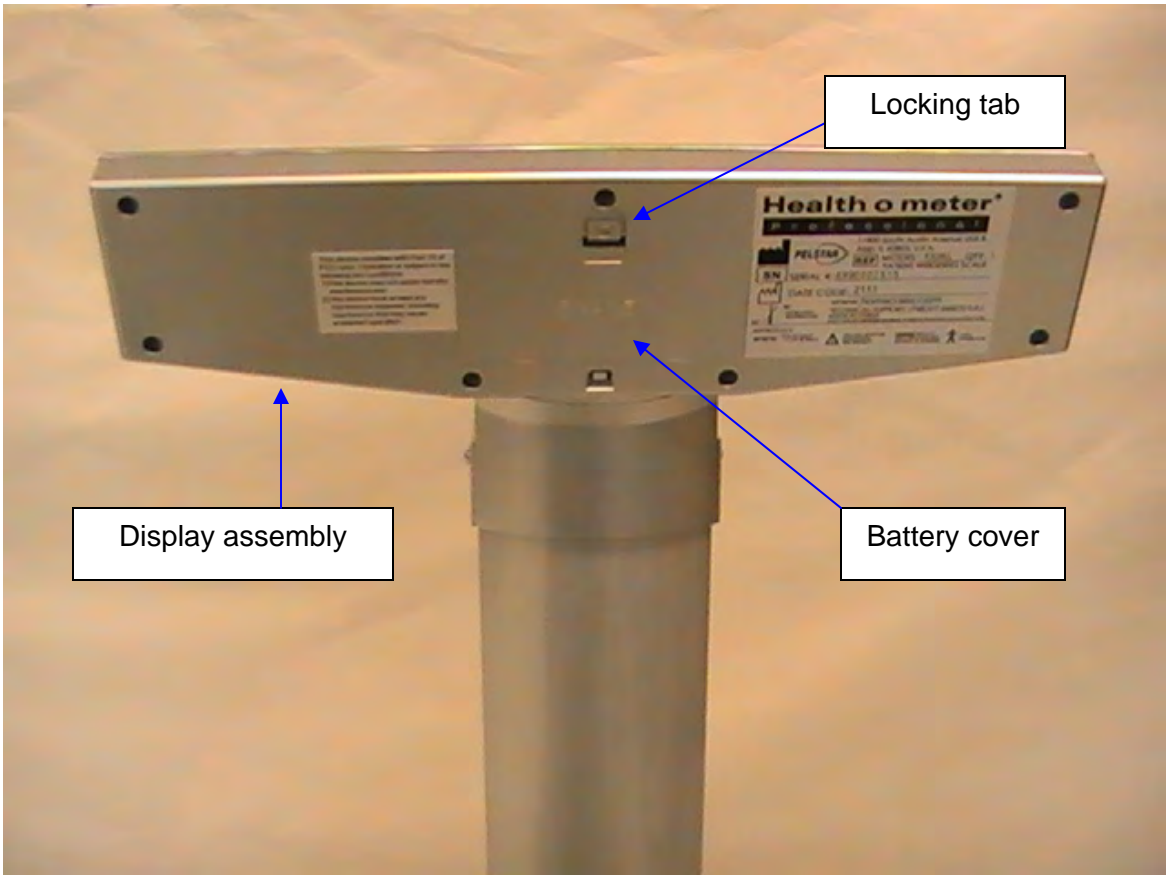


Figure 9

QUICK START / OPERATING INSTRUCTIONS

Keypad



Figure 10

Function	Description
ON/OFF	Turns scale on and off.
ZERO	Tares the scale prior to a weighing.
HOLD/RELEASE	Holds the weight value of the patient on the display until the button is pressed again to clear the value.
BMI	Prompts entry of height data to calculate patient's Body Mass Index (BMI).
LB/KG	Toggles between pounds (LB) and kilograms (KG).
CLEAR	Clears the incorrect height input when in BMI mode.
UP ▲	Increases height input (0.5 in / 0.5 cm increments)
DOWN ▼	Decreases height input (0.5 in / 0.5 cm increments)
ENTER	Used to accept height value in BMI mode. Also releases the recall value and BMI value.

QUICK START / OPERATING INSTRUCTIONS (CONT)

Auto-Off Function

As an energy saving feature, the scale will automatically turn off after 2 minutes of inactivity. By default this function is enabled.

Disable Auto-Off

1. While the scale is turned off, press and hold the **HOLD/RELEASE** button.
2. While holding the **HOLD/RELEASE** button, press the **ON/OFF** button to turn the scale on.
3. **START** will briefly appear on the display followed by "AOF=0".
4. Auto-off is now disabled and the scale will remain on until the scale is manually turned off.

Enable Auto-Off

1. While the scale is turned off, press and hold the **HOLD/RELEASE** button.
2. While holding the **HOLD/RELEASE** button, press the **ON/OFF** button to turn the scale on.
3. **START** will briefly appear on the display followed by "AOF=1".
4. Auto-off is now enabled.

KG and LB Lock Out

Note: The default weighing mode for this scale can be changed from LB/KG to KG only or LB only.

To Change Weighing Mode:

1. Press the **ON/OFF** button to turn the scale on.
2. Wait for "0.0" LB or "0.0" KG to appear on the display.
3. Press and hold the **LB/KG** button until the unit of measure begins to flash.
4. Release the **LB/KG** button and the scale will operate in the selected mode.
5. Repeat steps 3-4 to change the weighing mode to a different unit of measure as the default for use.

QUICK START / OPERATING INSTRUCTIONS (CONT)

Weighing a Patient

Note: When this scale is turned on, it will always default to the settings and units last used (LB or KG).

1. Make sure there is no object on the scale platform.
2. Press the **ON/OFF** button to turn the display assembly on.
3. Wait until the “0.0” LB or “0.0” KG appears on the display.
4. Ask the patient to step on the scale. The scale will begin to display weight information and will lock on the patient’s weight when the stable weight of the patient is determined. Depending on the movement of the patient on the scale, it may take several seconds for the scale to lock onto the weight.

Caution: To prevent patient injury, the patient must be attended throughout the entire weighing event.

5. The weight may be held on the display by pressing the **HOLD/RELEASE** button. To release, press the **HOLD/RELEASE** button again.
6. After the weight measurement has been taken and is recorded, have the patient step off the scale.
7. Press the **ON/OFF** button to turn the scale off.

BMI Function

Body Mass Index is another name for Quetelet Index, a formula that is a convenient indicator of BMI with various exemptions, such as athletes, children, the elderly, and the infirm.

Note: The scale will not calculate BMI for a patient that is 24 pounds (12 kg) or less. If a height is not entered for the patient within 30 seconds of pressing the **BMI** button, the scale will return to the normal weighing mode.

1. Make sure there is no object on the weighing platform.
2. Press the **ON/OFF** button to turn the scale on.
3. Wait until the “0.0” LB or “0.0” KG appears on the display.
4. Ask the patient to step on the scale. The scale will begin to display weight information and will lock on the patient’s weight when the stable weight of the patient is determined. Depending on the movement of the patient on the scale, it may take several seconds for the scale to lock onto the weight.
5. Once a weight has been displayed, while the patient is still on the scale, Health o meter recommends performing a second weighing by pressing the **REWEIGH** button.
6. After obtaining the patient’s weight on the scale, press the **BMI** button while the scale is on.
7. The scale will prompt you to enter the patient’s height. Use the keypad **▲** and **▶** buttons to enter the patient’s height.

Note: When weighing in pounds, the height is displayed in inches. When weighing in kilograms, the height is displayed in centimeters.

8. Once height is keyed in, press the **ENTER** button.
9. The display will show the patient’s BMI.
10. Press the **ENTER** button to return to the normal weighing mode of the scale.

QUICK START / OPERATING INSTRUCTIONS (CONT)

Zero Function

When using this scale, the weight of an object, can be zeroed out allowing additional weight to be added and displayed. The zero function automatically performs this subtraction.

Note: Ensure there are no object on the scale platform.

Zero (Push Button)

1. With all weight off the scale, press the **ON/OFF** button to turn on the scale.
2. Wait until the "0.0" LB appears on the display.
3. Set the unit (LB or KG).
3. Place the object on the scale. The display will show a value for the object's weight.
4. Press the **ZERO** button. The word "TARE" will appear on the display, followed by "0.0" LB or "0.0" KG.
5. Place additional item (object) on the platform and only the weight of the additional item will be displayed.
6. When you remove the item from the platform "under" will be temporally displayed and then the displayed will return to "0.0" LB

499KLROD HEIGHT MEASUREMENT INSTRUCTIONS

Mounting 499KLROD (Refer to figure 21)

1. 499KLROD mounting screws are pre-attached to the top and bottom of the pillar.
2. Loosen each mounting screw sufficiently to attach the 499KLROD, but do not remove screws completely from the pillar. These screws are needed to attach the 499KLROD to the scale.
3. Starting with the bottom screw, take the 499KLROD and position the large keyhole slots over each screw head.
4. When positioned correctly over both screws, gently slide the 499KLROD all the way down, in order to secure the keyhole locks.
5. Tighten the screws with the enclosed wrench (wrench is provided with the 499KL scale). An open-ended wrench can be used to tighten screws as well.
6. The 499KLROD is ready for use.

Height Measurements (Refer to figures 22-28)

Note: A patient needs to be a minimum of 23-5/8" (600mm) in height for the height to be accurately measured.

1. Raise the headpiece above the patient's head.
2. Position the patient against the 499KLROD height rod.
3. Ensure that the patient's posture is upright, and that the patient's head is straight and level.
4. Push the headpiece down until it rests on the patient's head.
5. Determine the patient's height by reading the value on the measuring strip nearest to the line on the indicator (see Figures 26 - 28).

499KLROD HEIGHT MEASUREMENT INSTRUCTIONS

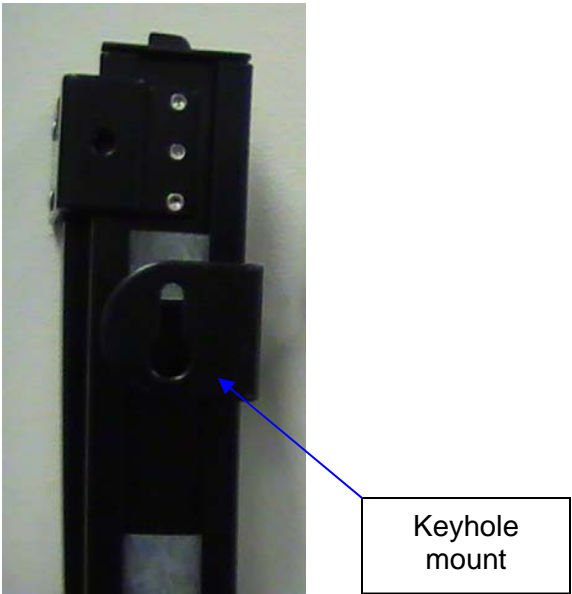


Figure 21



Figure 22



Figure 23



Figure 24

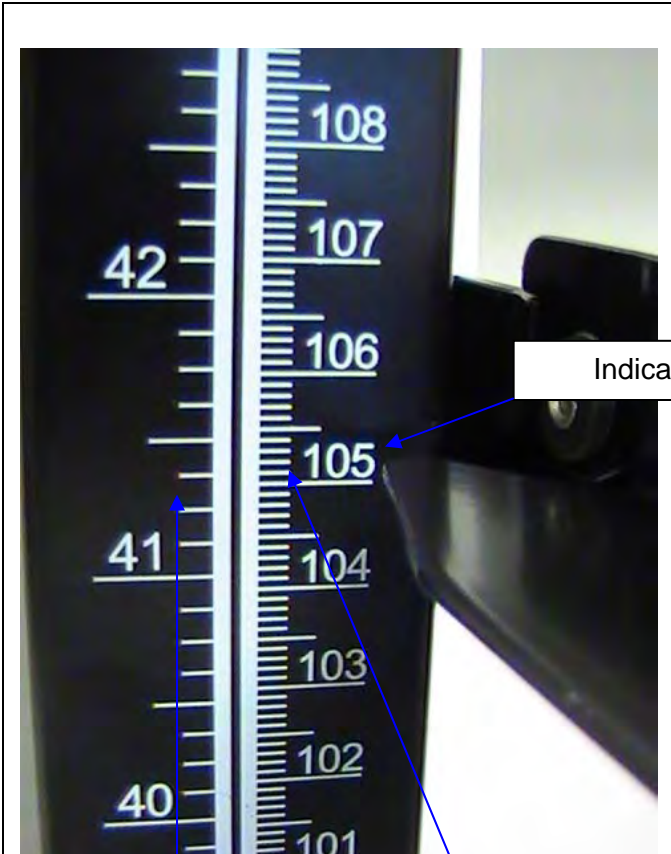


Figure 25

HEIGHT MEASUREMENT INSTRUCTIONS

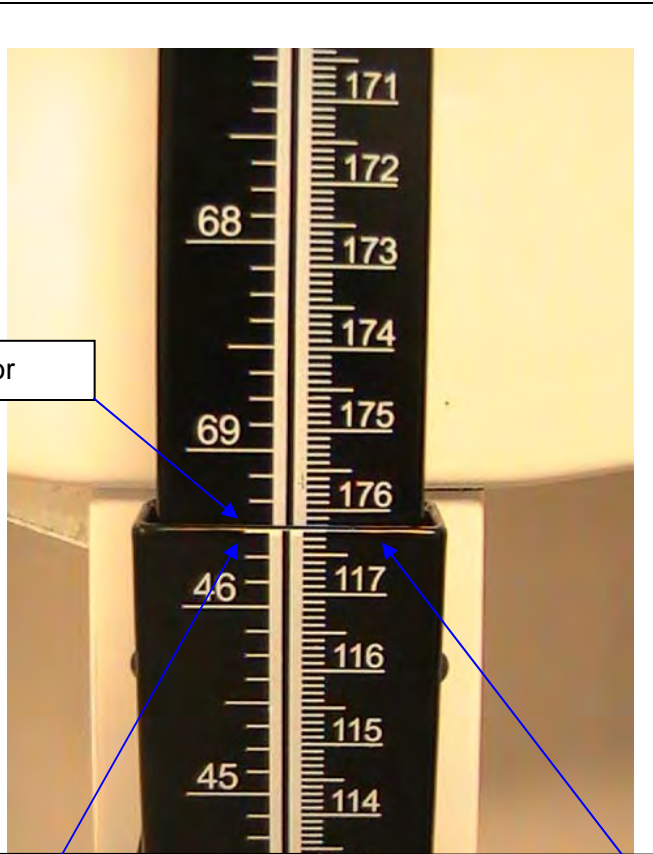
Height Rod Below 46 3/8"

Height Rod Extended Above 46 3/8"



Inches read: 41" + 3/8" = 41 3/8"

Cm read: 105 cm + 0.2 cm = 105.2 cm



Inches read: 69" + 3/8" = 69 3/8"

Cm read: 176 cm + 0.2 cm = 176.2 cm

Figure 26

Figure 27

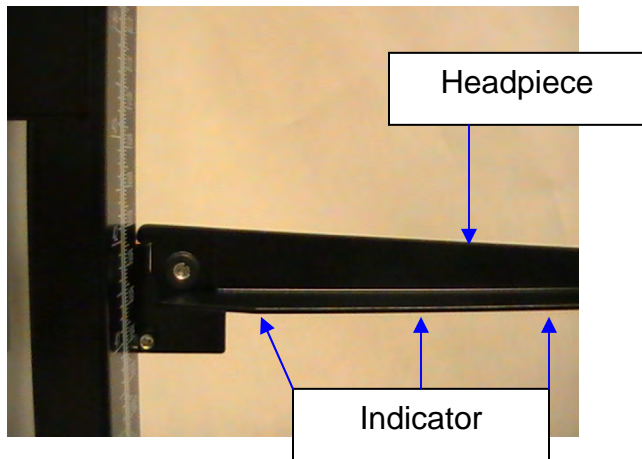


Figure 28

CALIBRATION

Calibration

This scale has been factory calibrated, and does not require calibration prior to use. If required, the scale can be calibrated. Calibration of your 499KL scale is performed using kilograms (KG) or pounds (LB), according to the units of measure used upon entering into the calibration path. The following calibration assumes the scale is set to pounds, and 100 (40 kg) / 200 (80 kg) / 300 (120 kg) / 500 (200 kg) lbs is employed as the calibration standards.

Scale Calibration

ACTION	DISPLAY SHOWS
Press and hold the LB/KG and ZERO buttons at the same time, press the ON/OFF button to turn on the scale. "CAL" will briefly appear on the display, followed by five numeric numbers indicates you can calibrate. Release all three buttons.	"CAL" followed by "XXXXX"
Press the ZERO button. "C-100" (for LB mode) or "C-40" (for KG mode) will flash on the display, followed by "0".	"XXXXX" followed by "C-100" or "C-40" then "0"
Place 100 lbs or 40 kg on the scale. Five numeric numbers will appear. When calibration numbers stabilize, press the ZERO button. "C-200" (for LB mode) or "C-80" (for KG mode) will appear on the display, followed by "0".	"XXXXX" followed by "C-200" or "C-80" then "0"
Place 200 lbs or 80 kg on the scale. Five numeric numbers will appear. When calibration numbers stabilize, press the ZERO button. "C-300" (for LB mode) or "C-120" (for KG mode) will appear on the display, followed by "0".	"XXXXX" followed by "C-300" or "C-120" then "0"
Place 300 lbs or 120 kg on the scale. Five numeric numbers will appear. When calibration numbers stabilize, press the ZERO button. "C-500" (for LB mode) or "C-200" (for KG mode) will appear on the display, followed by "0".	"XXXXX" followed by "C-500" or "C-200" then "0"
Place 500 lbs or 200 kg on the scale. Five numeric numbers will appear. When calibration numbers stabilize, press the ZERO button. "END" will appear on the display, followed by "OFF". The scale will automatically shut off.	"XXXXX" followed by "END" then "OFF"

TROUBLESHOOTING

Troubleshooting

Before contacting service personnel, refer to the following instructions to check and to correct any failures.

Symptom	Possible Cause	Corrective Action
Scale does not turn on	<ol style="list-style-type: none"> 1. Dead battery 2. Faulty electrical outlet 3. Bad power supply 	<ol style="list-style-type: none"> 1. Replace batteries 2. Use a different outlet 3. Replace AC adapter
Questionable weight or the scale does not zero	<ol style="list-style-type: none"> 1. External object interfering with the scale 2. The display did not show "0.0" before weighing 3. Scale is not placed on a level floor 4. Scale is out of calibration 	<ol style="list-style-type: none"> 1. Remove interfering object from the scale 2. Ask the patient to get off the scale, zero the scale and begin weighing process again 3. Place the scale on a level floor and begin weighing process again 4. Check weight with known weight value
Weighing is performed but the weighing process takes too long and the weight does not lock on the displayed	The patient is not standing still	Ask the patient to stand still
The display shows "Over" message	The load on the scale exceeds the capacity (500 lb / 220 kg)	Remove the excess weight and use the scale according to its limits
The display shows "Lo bAtt" message	The batteries are discharged	Replace batteries according to instructions

MAINTENANCE

Maintenance

The following pages provide instructions for maintenance, cleaning, calibrating, and troubleshooting for the 499KL scale. Maintenance operations other than those described in this manual should be performed by qualified service personnel.

Caution: Before first use, or after long periods of non-use, check the scale for proper operation and function. If the scale does not operate correctly, refer to qualified service personnel.

1. Check overall appearance of the total scale for any obvious damage, wear, and tear.
2. Inspect the AC adapter for cord cracking or fraying, or for broken/bent prongs.

Note: This scale is an extremely sensitive weighing device. If the auto-off function is disabled, battery power will be consumed.

Cleaning

Proper care and cleaning is essential to ensure a long life of accurate and effective operation.

Caution: Disconnect the scale from the AC adapter power source prior to cleaning the unit.

1. Clean all external surfaces with a clean damp cloth or tissue. Mild antimicrobial or antibacterial soap and water solution may be used. Dry with a clean soft cloth.
2. Do not immerse the scale into cleaning or other liquid solutions.
3. Do not use Isopropyl Alcohol or other solutions to clean the display surface.
4. Do not use abrasive cleaners.

WARRANTY

Limited Warranty

What does the Warranty Cover?

Health o meter® Professional scales are warranted from date of purchase against defects of materials or in workmanship for a period of two (2) years. If product fails to function properly, return the product, freight prepaid and properly packed to Pelstar, LLC (see "To Get Warranty Service", below, for instructions). If the manufacturer determines that a defect of material or in workmanship exists, the customer's sole remedy will be repair or replacement of the scale at no charge. Replacement will be made with a new or remanufactured product or component. If the product is no longer available, replacement may be made with a similar product of equal or greater value. All parts including repaired and replaced parts are covered only for the original warranty period.

Who is Covered?

The original purchaser of the product must have proof of purchase to receive warranty service. Please save your invoice or receipt. Pelstar dealers or retail stores selling Pelstar products do not have the right to alter, or modify or any way change the terms and conditions of this warranty.

What is Excluded?

Your warranty does not cover normal wear of parts or damage resulting from any of the following: negligent use or misuse of the product, use on improper voltage or current, use contrary to the operating instructions, abuse including tampering, damage in transit, or unauthorized repair or alternations. Further, the warranty does not cover natural disasters, such as fire, flood, hurricanes and tornadoes. This warranty gives you specific legal rights, and you may also have other rights that vary from country to country, state to state, province to province or jurisdiction to jurisdiction.

To get Warranty Service make sure you keep your sales receipt or document showing proof of purchase. Call (+1) 800-638-3722 or (+1) 708-377-0600 to receive a return authorization (RA) number, which must be included on the return label. Attach your proof of purchase to your defective product along with your name, address, daytime telephone number and description of the problem. Carefully package the product and send with shipping and insurance prepaid to:

Pelstar, LLC
Attention R/A# _____
Return Department
11800 South Austin Avenue
Alsip, IL 60803

If your scale is not covered by warranty, or has been damaged, an estimate of repair costs or replacement costs will be provided to you for approval, prior to servicing or replacing.



PELSTAR, LLC

11800 South Austin Avenue • Alsip, IL 60803 • USA

1-800-638-3722 or 1-708-377-0600

PLEASE REGISTER YOUR SCALE FOR WARRANTY COVERAGE AT:
<http://www.homscales.com/customers/registration.aspx>

Health o meter® is a registered trademark of Sunbeam Products, Inc. used under license.

Health o meter® Professional products are manufactured, designed, and owned by Pelstar, LLC.

We reserve the right to improve, enhance, or modify Health o meter® Professional product features or specifications without notice.

© Pelstar, LLC 2012

